

**UNION CATHOLIC HIGH SCHOOL
COUNSELING DEPARTMENT**

SENIOR BRAG SHEET

This form assists your counselor in writing your college recommendation. The more **specific details** you can give us, the more thorough your college recommendation will be. This form will also help you with the entire college application process, especially in preparing for admissions interviews and writing admissions essays. Expect to spend some time on this task, so that it will be as descriptive of you as a person as possible. **You will need more than the space provided to respond, so you may certainly use a separate sheet of paper.**

Jennifer Dixon
Remedial Students

Cas Jakubik
Juniors A-K
Seniors A-L

Joanne Jakubik
Juniors L-Z
Seniors M-Z

Michael McCabe
Selected Jrs./Srs.

Please **PRINT** Name

Date

1. List your three most distinguishing or most admirable qualities. **Explain each in several sentences...use examples, anecdotes, etc.**

2. Give three additional descriptive adjectives that tell something about you as a person.

3. Prior to completing this questionnaire, you completed a **PERSONAL PROFILE**, a resume of your activities, awards received, etc. What do you consider your **MOST** important activity (ies), both in school and community, and **WHY**. You may list more than one, but be sure to explain the significance of each. You may also discuss awards of which you are particularly proud and **WHY**.

4. Tell us about your leadership qualities, your motivations, your passions.

(over)

5. At this time, what are you thinking about as a career choice or college major? If so, what is it?

6. What do you hope to accomplish in college and after? Consider not only your career goals but also your broader life goals.

7. What job experience has been particularly meaningful and why?

8. If applicable, are there any events or circumstances in your life that might have had a negative influence on your academic progress?

9. Anything else that would convince a college/university to say "YES" to your application for admission?

10. Are you the first to go to college in your immediate family? **Yes No**
11. Is there a language other than English spoken at home? **Yes No**
If yes, what language? _____

Note: You may bring your completed Brag Sheet to the guidance office or e-mail it to your counselor:

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Mrs. Jakubik jjakubik@unioncatholic.org
Dr. Jakubik cjakubik@unioncatholic.org
Mr. McCabe mmccabe@unioncatholic.org

Signature

