

# UNION CATHOLIC HIGH SCHOOL COUNSELING DEPARTMENT

## PARENT BRAG SHEET

We would like to have parental input into the letters of recommendation we write for colleges. Therefore, in addition to asking for your student's comments, I would like your perceptions of his/her educational and personal growth. The more **specific details** you provide, the more thorough and effective the counselor recommendation can be. **Certainly feel free to use a separate sheet of paper if you need additional space to respond fully. Thanks!**

Jennifer Dixon  
Remedial Students

Cas Jakubik  
Juniors A-K  
Seniors A-L

Joanne Jakubik  
Juniors L-Z  
Seniors M-Z

Michael McCabe  
Selected Jrs./Srs.

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Date

1. What do you consider to be the outstanding 2 or 3 accomplishments of your child during the past three or four years? Please explain each, using anecdotes, examples, etc.

2. In what areas has your son/daughter shown most growth and development over the past three or four years?

(over)

3. If you had to describe your son/daughter in five adjectives, what would they be? Please explain each using examples, anecdotes, etc.

4. Are there any unusual or personal circumstances that have affected your child's educational or personal experience?

5. Is your son/daughter the first to attend college in your immediate family? **Y N**

6. Is there a language other than English regularly spoken at home? **Y N**  
If yes, what language? \_\_\_\_\_

7. Do you want to add anything else?

\_\_\_\_\_  
Phone (day) (evening)

E-mail:

\_\_\_\_\_  
Parent Signature

Note: You may send your responses by regular mail or e-mail to the appropriate counselor:

Jennifer Dixon: [jdixon@unioncatholic.org](mailto:jdixon@unioncatholic.org)  
Joanne Jakubik [jjakubik@unioncatholic.org](mailto:jjakubik@unioncatholic.org)  
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