



# UC'S RACE TO THE GOLD 5K RUN



## Saturday October 22, 2011

### Union Catholic HS – Scotch Plains, NJ

#### Race information

- Registration:** Begins 7.30 am for race bib # pick up and Post registration.  
Post registration closes 8.30 am
- Race Time:** 5K race 9.00 am
- Race Fees:** \$20.00 registration received by October 1<sup>st</sup>  
\$25.00 registration after October 1<sup>st</sup> and on day of race
- Registration:** Mail race registration form to: 5K Run – Joan O'Donnell – Race Director,  
Union Catholic HS, 1600 Martine Ave., Scotch Plains, NJ 07076 or online  
[www.raceforum.com/unioncatholic](http://www.raceforum.com/unioncatholic)
- Awards/Prizes:** Top Male & Top Female 5K Overall  
Top 3 Male & Female winners per age group  
(14 & under, 15-19, 20-29, 30-39, 40-49, 50 -59, 60+), No duplicate awards
- Amenities:** T-shirts to first 250 entrants  
Post-race food and refreshments
- Course:** A USATF Certified loop course through Scotch Plains streets ending on  
Union Catholic's new turf track
- Race location:** Union Catholic High School, 1600 Martine Avenue, Scotch Plains, 07076
- Contacts:** For more info 908-889-1600 ext. 383 or email [racedirector@unioncatholic.org](mailto:racedirector@unioncatholic.org)
- Restrictions:** No pets, roller blades, bikes or skateboards during the run

## *Proceeds to Benefit Union Catholic's Athletic Programs*

Please Print Clearly

Official Entry form—UC's Race to the Gold 5K-- October 22, 2011

Please make checks payable to Union Catholic. Mail to Union Catholic HS-1600 Martine Ave-Scotch Plains-NJ-07076

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone(Day): \_\_\_\_\_ Email: \_\_\_\_\_

Gender: \_\_\_M\_\_\_F Birth Date: \_\_\_/\_\_\_/\_\_\_ Age on Race Day: \_\_\_\_\_ Adult Shirt size: S M L XL

Waiver: In consideration of this entry being accepted, I hereby for myself heirs, executors and administrators waiver and release any claims that I may have against Union Catholic High School and any and all parties, groups, organizations, volunteers, sponsors and (or) any Representatives involved in UC's Race to the Gold event for any and all injuries suffered by me in this event. I certify that I am physically able to participate in this event. I also give permission for the use of my name and/or picture in any newspaper, website or media of this event.

Applicant Signature (If under 18, parent/guardian signature)

Date