

UC'S RACE FOR THE GOLD 5K  
USATF CERTIFIED COURSE

START- At the opening of the UC Gym parking lot to the side drive.

Run down the side drive and out the entrance closest to IHM making a left on to Martine Ave.

Immediately cross Martine Ave and continue down Martine Ave. until Inverness Dr.

Make Right on to Inverness Dr. continue until Knollwood Ave.

Make Right on to Knollwood Ave. and the quick Right on to Wood Ave.

Continue around the bend and then make Right on to Golf St.

Make Right on to Dogwood Dr and follow around it making a Left into Arrowwood Drive.

Continue around Arrowwood Drive until it leads back into Golf St.

Continue to the end of Golf St. and turn left on to Brookside Dr.

Make Left on to Wood Ave.

Make Right on to Knollwood Ave and then quick left on Inverness Dr.

Make Left and Cross on to Martine Ave going towards UC .

Make Right into UC's Gym side drive and across the gym side parking lot to the back drive and down the access road onto the turf track and directly to the finish line on the track.

