

Contact: Meredith LaCorte
908-889-1600

UNION CATHOLIC JUNIOR PARTICIPATES IN EXCLUSIVE SUMMER LEADERSHIP RETREAT

Scotch Plains, NJ, September 22, 2009 – Last spring Camille Manhit, of Union, was selected to participate in the exclusive “Running Start” Program *Young Women’s Political Leadership Retreat*. The three-day workshop, which ran from July 15-19, in Washington, DC, allows young women from all across the United States to participate in hands-on exercises designed to empower each student with a sense of confidence to bring about positive change in their communities.



As one of only 50 young women selected out of 5,000 applicants, Camille took great care to appreciate the program’s benefits, including networking with representatives from Capitol Hill and absorbing lessons on how to become a leader among one’s peers. Among her favorite speakers was Alyse Nelson, President and CEO of Vital Voices, a non-governmental organization that identifies, trains and empowers emerging women leaders from across the globe. “I learned so much by listening to her speak of her own travel experiences and her knowledge on issues such as international women’s rights,” states Camille. Camille is confident that the knowledge she gained during her “Running Start” experience will remain with her as she pursues her college goals and her career objectives. The Union Catholic junior dreams of becoming a surgeon.